

Chikeitha Owens

ENTREPRENEUR | SPEAKER | CHRISTIAN AUTHOR | LICENSED THERAPIST |
CERTIFIED BARIATRIC COUNSELOR



PROFILE

Chikeitha Owens is a Licensed Professional Counselor, Speaker, Certified Bariatric Counselor, and Christian author of "Living Life For What It Is" and "Living Life For What It Is Examination Guide." She is the owner of Abundance of Hope Counseling. She has years of clinical experience. She has worked with many populations including substance abuse, foster care, teens, adults and married couples. She has two boys that have been diagnosed with Juvenile Type I Diabetes. Chikeitha will literally bring life to your next event.

SPECIALITIES

- Spirituality
- Bariatrics
- Trauma
- Women Empowerment
- Mental Health
- Juvenile Type I Diabetes
- Marriage and Family

SPEAKING TOPICS

Balancing -Marriage and Family-While Caring for a child with Type I Diabetes
Encourage Yourself in the Storm
Women and Mental Health
Marriage as a Ministry

PAST SPEAKING ENGAGEMENTS

- Obesity and Food Anxiety- 2-Day CPEU Series Event- Celebrate Vitamins
- Trauma and Obesity - 3-Day CPEU Series Event- Celebrate Vitamins
- Self-Care in the Face of Collective Trauma: Current Events Roe vs Wade - Planned Parenthood of Arizona
- Break Free of Anxiety- Best You 2022
- Eat Right Think Right - Best You 2022
- Parenting on an Emotional Roller Coaster with Type 1 Diabetes - Juvenile Diabetes Research Foundation Type One Nation Summit

TESTIMONIALS

Excellent Presenter (Anonymous)
Great Reminder to Chill Out as Parents (Anonymous)

CONTACT

Book Your Next Speaking Engagement



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