



# CHIKEITHA OWENS, LPC

SPEAKER-CHRISTIAN-AUTHOR-THERAPIST-  
ENTREPRENEUR

## PROFILE

Chikeitha Owens is a Licensed Professional Counselor, Speaker, Christian author of "Living Life For What It Is" and "Living Life For What It Is Examination Guide." She is the owner of Abundance of Hope Counseling. She has years of clinical experience. She has worked with many populations including substance abuse, foster care, teens, adults and married couples. She has two boys that have been diagnosed with Juvenile Type I Diabetes.

## SPECIALITIES

- Spirituality
- Women Empowerment
- Mental Health
- Juvenile Type I Diabetes
- Marriage and Family

## SPEAKING TOPICS

Balancing -Marriage and Family-While Caring for a child with Type I Diabetes

Encourage Yourself in the Storm

Women and Mental Health

Marriage as a Ministry

## PAST SPEAKING ENGAGEMENTS

- Parenting on an Emotional Roller Coaster with Type 1 Diabetes - Juvenile Diabetes Research Foundation Type One Nation Summit
- Service Project Panel for Depression and Anxiety/ Destiny's Leaders Inc.
- Depression and Mental Health/Self-Care Missionary Baptist General Convention of Texas- Women and Girls Conference
- Mother and Daughter Perfection- Heavens Glorious Embassy Mother and Daughter Luncheon

## TESTIMONIALS

Excellent Presenter (Anonymous)

Great Reminder to Chill Out as Parents (Anonymous)

## CONTACT

Book Your Next Speaking  
Engagement  
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